



# New Non-Fiction 2022





Image from *The Maria Thun Biodynamic Calendar 2023*

## New Non-Fiction 2022

In this catalogue you'll find details of our new non-fiction books, including [our annual biodynamic calendar](#) and [books from our partner publishers](#).

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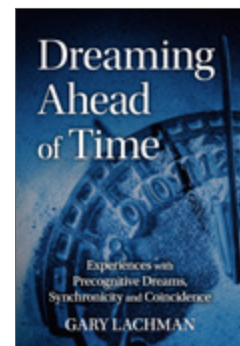
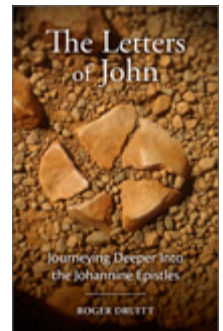
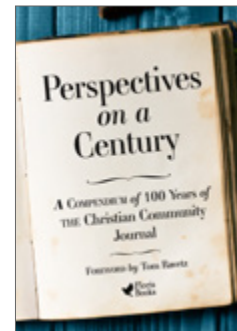
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### Featured titles:



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### Indoor nature play

Items collected from nature create open-ended imaginative play. A pinecone can be a frog, a mountain or a giant! A shell can be pretend money, a pond or stepping stones along a path.

#### Nature trays

Set a nature tray at home, where children can put the special treasures they collect and take time to look at them in quiet moments.



#### Floor plays

By gathering a few simple items, such as those listed below, children can set up play scenes, and naturally and spontaneously raise up imaginative play ideas and little stories.

- Big and small cloths in different colours, especially green for grass and fields, blue for sea and rivers, and creamy yellow for sand and beaches.
- Interesting pieces of wood and wooden blocks to create trees, fences, buildings and tables.
- Little figures and animals.
- Treasures from nature, such as acorns, cones, shells and sticks.

#### Storytelling

Gather nature's treasures and combine them with coloured cloths and little people and animals to tell the stories in this book. I have seen The Three Billy Goats' Gruff told using bark for the bridge, a knobby piece of wood for the troll and different sized tree nuts and pinecones for the three billy goats.



#### Tip: Story basket

Pack all the items required to tell a particular story in a basket. This way a child can find them all easily and will retell the story after an adult has modelled it.

#### Tip: Storytelling game

Ask a child to gather a few floor-play items and use their collection to spontaneously make up a tale. This game models both imagination and language skills for children to follow, play and adapt themselves.

### CREATIVE DISCIPLINE Re-direct outside

When tantrums are rising inside and before they reach boiling point, it's a good idea to encourage the family to go outside. Many studies have found that children are happier and calmer outdoors in nature than they are indoors.

If children are running around inside, redirect them to run around outside. If children are climbing on furniture inside, redirect them to climb a tree or use play equipment outside.

Observing children's energy levels will help you to work out when you need to simply step outside. It's a good idea to create a daily family rhythm to balance time spent inside and outside. Breathe in and out.

### “ Finding calm

I am amazed at how my child's mood changes when we simply go outdoors. She slows down and notices the leaves on the trees dancing in the breeze. It feels like we can all breathe again!

JAZZ PARENTS



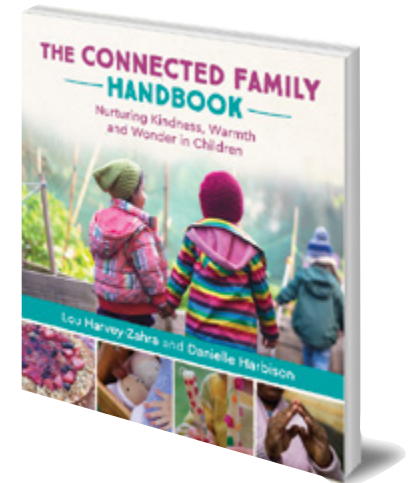
# The Connected Family Handbook

Nurturing Kindness, Warmth and Wonder in Children

LOU HARVEY-ZAHRA AND DANIELLE HARBISON

Empowering advice for parents and carers and practical activities to create a more connected family

- Created by experienced parenting coach/author Lou Harvey-Zahra and successful parenting blogger/influencer Danielle Harbison
- Offers easy-to-follow activities and helpful advice to grow family rhythm and connection with children from toddlers to ten-year-olds in mind
- Ten chapters cover important themes: Home, Kindness, Mealtimes, Move, Warmth, Teamwork, Adventure, Nature, Wonder and Celebration
- Each chapter includes a variety of activities – easy crafts, fun recipes, play ideas, stories and verses – as well as practical tips and advice for creative discipline, rhythms and routines
- Features over 300 beautiful photographs for instruction and inspiration



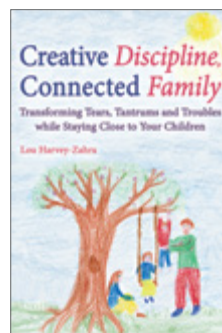
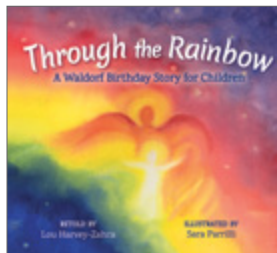
Lou Harvey-Zahra is an experienced parenting coach and respected author based in Melbourne, Australia.

Danielle Harbison is an experienced teacher and successful parenting blogger who lives in Sydney, Australia.

210 x 192 mm | colour illustrations | 224pp | 978-178250-813-7 | paperback | £16.99 | Age 2-10 | 21 July 2022



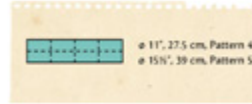
Also by  
Lou Harvey-Zahra:



“Lou Harvey-Zahra's advice is fun but practical, and rooted in love.”  
– JUNO MAGAZINE



Dahlia rosette  
11 points

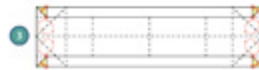
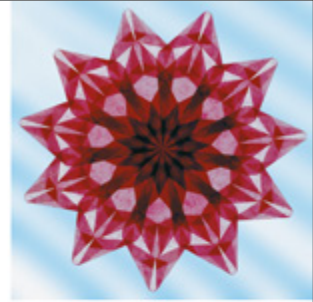


The heart of this cheerful rosette seems to have been woven by the rays of the sun itself, but by rustling tissue paper between your fingers you too can make this glorious garden piece bloom in your window.

Use light-coloured tissue paper for this double-folded transparency. For a more interesting colour, dab drops of similar coloured watercolour over the tissue paper, or de-colour the paper with drops of water (see Enhancing the colours, p. 10).

Cut eleven rectangular pieces following Pattern 4 or 5. Fold in half lengthways for the centre fold-line. Unfold and then fold twice widthways for three vertical fold-lines. Make sure these folds are very crisp. Unfold.

1. Fold the two horizontal preparation folds.
2. Fold the outer edges to the first orientation folds as shown.
3. First fold back the four small corners and glue the marked points. Then make the four preparation folds from the corners to the centre fold line as shown. Unfold.



# Crafting Magical Window Stars

How to Make Beautiful Paper Stars

FRÉDÉRIQUE GUÉRET

Create dazzling window stars to brighten your home or school windows throughout the year

- Detailed instructions and clear diagrams for every project
- Patterns for all levels of expertise, from beginners to experienced crafters
- Fully illustrated with beautiful colour photographs
- A fresh new edition, redesigned and even easier to use

NEW  
EDITION

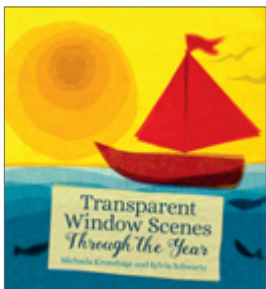


Discover free craft activities

Frédérique Guéret developed her own method of paper-folding with tissue paper and first published her window transparencies in 1999. She lives in Stuttgart, Germany.

210 x 192 mm | 75 colour photographs | 120pp | 978-178250-779-6 | paperback | £12.99 | 24 February 2022

More craft and activity books:



“Colourful, attractive and easy to follow.”  
– TIPHERETH CAMPBILL



# Dreaming Ahead of Time

Experiences with Precognitive Dreams,  
Synchronicity and Coincidence

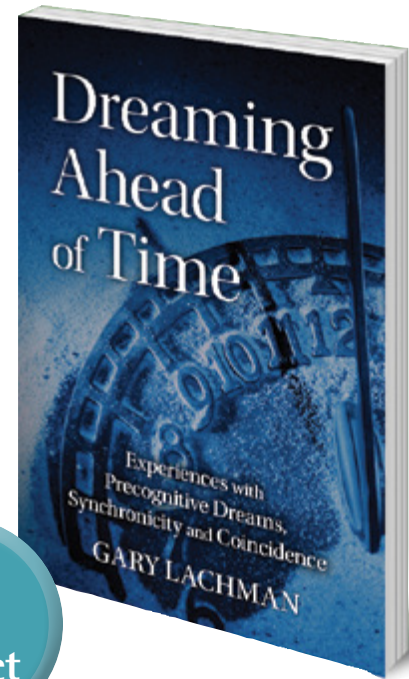
GARY LACHMAN

Can we see the future in our dreams? Does time flow in one direction? And what is a 'meaningful coincidence'?

- An insightful and unique book from Gary Lachman, esteemed esoteric author of *Lost Knowledge of the Imagination*, *The Quest for Hermes Trismegistus* and *The Caretakers of the Cosmos*
- Presents the compelling theory that we all have the capability to harness the potential of our minds while we dream
- Lachman shares his personal experiences of forty years of precognitive dreams and also draws on the work of J. W. Dunne, J. B. Priestly, Colin Wilson, P. D. Ouspensky and C. G. Jung

Renowned esoteric writer Gary Lachman has been recording his own precognitive dreams for forty years. In this unique and intriguing book, Lachman recounts the discovery that he dreams 'ahead of time', and argues convincingly that this extraordinary ability is, in fact, shared by all of us.

*Dreaming Ahead of Time* is a personal exploration of precognition, synchronicity and coincidence drawing on the work of key thinkers. Lachman's description and analysis of his own experience introduces readers to the uncanny power of our dreaming minds, and reveals the illusion of our careful distinctions between past, present and future.



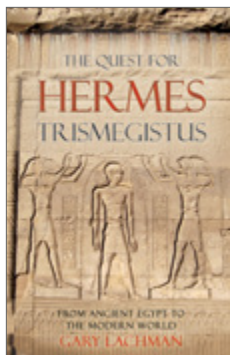
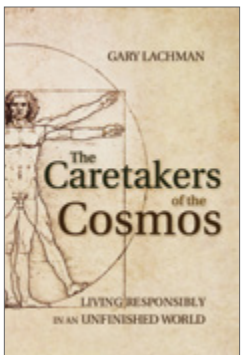
Read  
an  
Extract

Gary Lachman is a well-known author, lecturer and philosopher. He writes for several journals in the US and UK and lectures widely. Lachman was a founding member of the rock group Blondie and is a Rock and Roll Hall of Fame inductee. He lives in London.

234 x 156 mm | 208pp | 978-178250-786-4 | paperback | £20.00 | 10 February 2022



Also by Gary Lachman:



“Very important.”

– PHILIP PULLMAN

“Lachman creates a history of ideas that fascinates and excites.”

– NEW YORK JOURNAL OF BOOKS

# Seeing Colour

A Journey Through Goethe's World of Colour

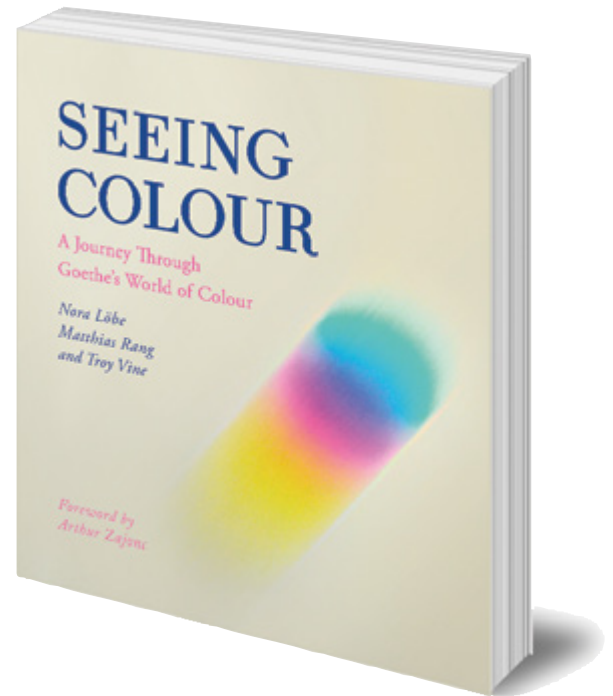
NORA LÖBE, MATTHIAS RANG AND TROY VINE  
FOREWORD BY ARTHUR ZAJONC

A thought-provoking and accessible discussion of a new way of seeing colour

- Brings Goethe's pioneering colour research up to date, making it of interest to colour enthusiasts and experts alike
- Explores numerous phenomena, including colour mixing, afterimages and prismatic colours, through ingenious experiments and straightforward explanations
- Generously illustrated with over 250 colour photographs

In the nineteenth century, the German poet and scientist Johann Wolfgang von Goethe investigated a wide range of colour phenomena and discovered the underlying principles that govern colour itself.

This lavishly illustrated book brings Goethe's pioneering research up to date. Through descriptions of simple observations and ingenious experiments, the reader will discover a series of colour phenomena that includes afterimages, coloured shadows, colour mixing, and prismatic and polarisation colours.



Nora Löbe studied painting before developing and building touring exhibitions on Goethe's theory of colour.

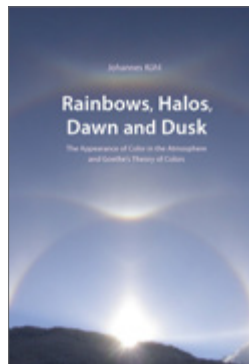
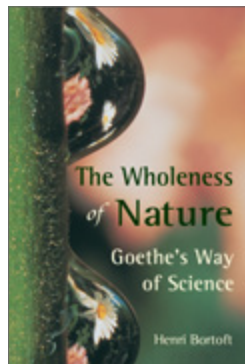
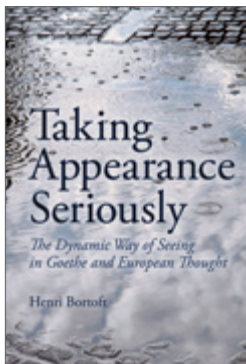
Matthias Rang carries out research on Goethe's theory of colour in relation to physical optics at the Goetheanum, Switzerland.

Troy Vine has a PhD in particle physics and is currently researching the colour investigations of Descartes, Newton, Goethe and Wittgenstein.

240 x 208 mm | colour illustrations | 176pp | 978-178250-780-2 | paperback | £20.00 | 29 September 2022



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# CELEBRATING 100 YEARS OF THE CHRISTIAN COMMUNITY

## Perspectives on a Century

A Compendium of 100 Years of  
The Christian Community Journal

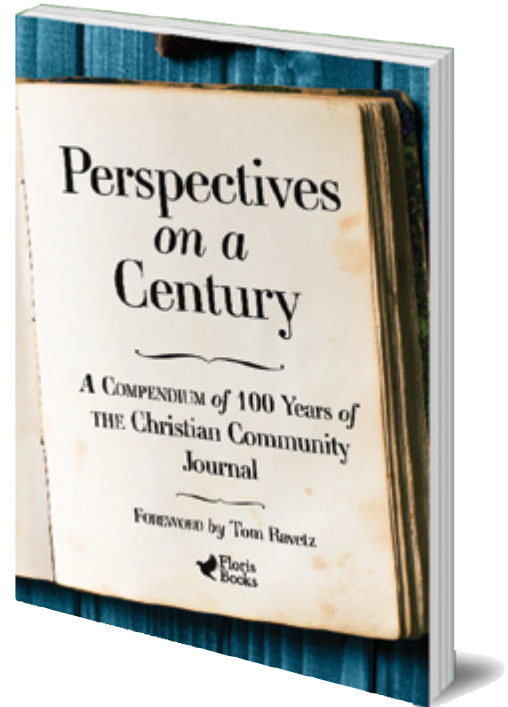
FOREWORD BY TOM RAVETZ

A landmark collection of fascinating articles from  
The Christian Community journal over the past hundred years

- Important articles for those interested in the development of The Christian Community from its origins in 1922 to its role in today's globalised society
- Published as part of the celebrations for the centenary of The Christian Community in 2022
- Includes a foreword by Tom Ravetz, Lenker of The Christian Community in Great Britain and Ireland

This fascinating collection shows the changing concerns of a growing community, from its early pioneering days through the turbulent early decades and the outbreak of the Second World War, to its position in our modern, globalised society.

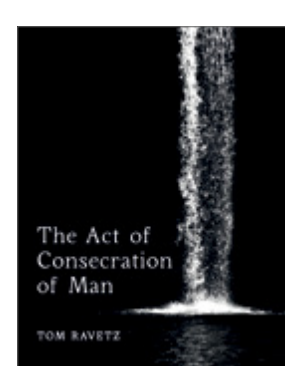
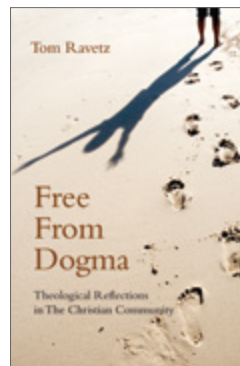
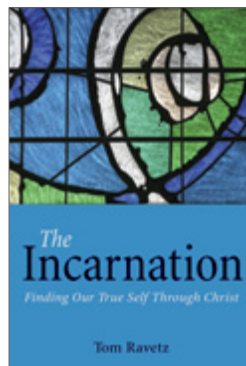
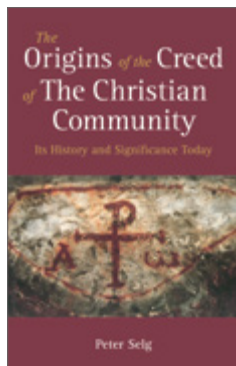
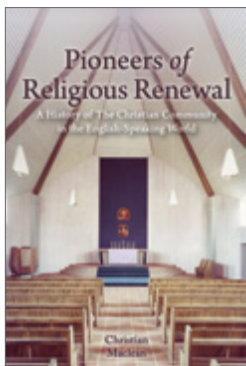
The articles include contemplations on the Bible and festivals of the years, essays on the lives and work of artists and writers, and explorations of ideas about science, the natural world and the earth as a living entity.



Rev. Tom Ravetz is Lenker of The Christian Community in Great Britain and Ireland and the editor of *Perspectives*, the journal of The Christian Community in English.

210 x 148 mm | 256pp | 978-178250-788-8 | paperback | £14.99 | 27 January 2022

You might also be interested in:



# CELEBRATING 100 YEARS OF THE CHRISTIAN COMMUNITY

## The Complete Old Testament Studies

RUDOLF FRIELING

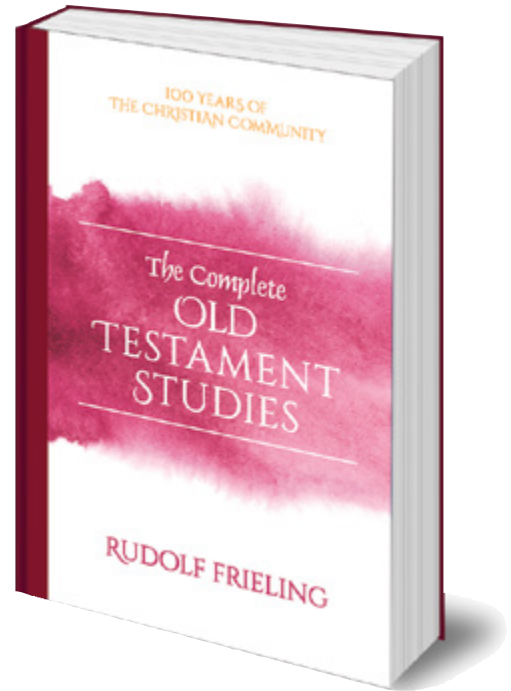
An insightful analysis of the meaning of the Old Testament stories from a founder of The Christian Community

- An illuminating and perceptive examination of the stories of the Old Testament, clarifying the meaning of difficult passages for today's readers
- Reveals the rich imagery of the Old Testament accounts and songs, highlighting their ongoing relevance and value
- Written by a highly revered and respected author in this field

In this insightful book Frieling:

- Explores the accounts of the creation of the human being in Genesis
- Demonstrates the ongoing power of the Psalms
- Shows how the events of the Old Testament are a preparation for the coming of Christ

Frieling's commanding grasp of the original Hebrew and close attention to detail brings to life the rich imagery of these accounts and songs, making this a unique guide to the wisdom of the Old Testament.



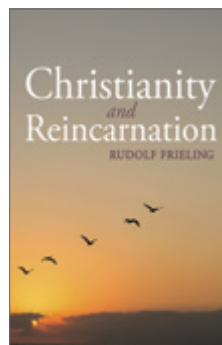
Rudolf Frieling (1901–86) was one of the founders of The Christian Community. Before becoming the leader of this movement for religious renewal in 1957, his work took him throughout Germany as well as to Vienna and New York. He was a prolific author of books on Christian thinking and the Old and New Testaments.

234 x 156 mm | 464pp | 978-178250-789-5 | hardback with cloth spine | £20.00 | 23 June 2022

Also by Rudolf Frieling:



Companion  
volume!







# Reflections on the Gospel of John

JOHANNES LAUTEN

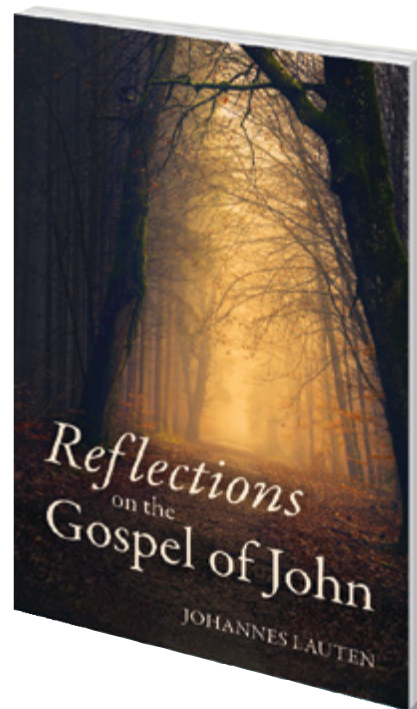
Fascinating insights into meaning in John's Gospel, examining key themes and less well-known figures

- Insightful reflections that shine a light on the person of Jesus Christ
- Explores important themes including the workings of grace, knowledge, and faith
- Written by an experienced Christian Community priest

In this perceptive book, Christian Community priest Johannes Lauten reflects upon the many layers of meaning in John's Gospel. He explores some of the less well-known figures surrounding Christ, examines recurring words and phrases such as the 'Son of Man' and the seven 'I am' statements, and illuminates themes like knowledge, faith, the workings of grace and Christ's path to the Cross.

Lauten also considers the origins of the gospel and questions the accepted notion that it was written by John, the son of Zebedee and the brother of James. He suggests that the account of the raising of Lazarus, a story not recorded in the other gospels, holds the key to the true identity of the 'disciple whom Jesus loved'.

This thought-provoking book will be of interest to biblical scholars and those wishing to gain a deeper insight into the central meaning of Christianity.

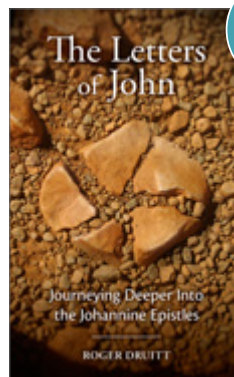
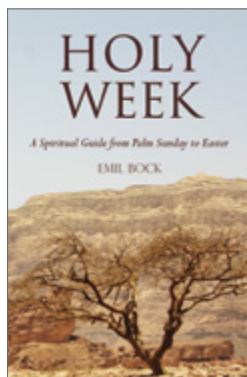
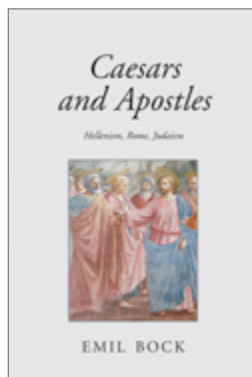
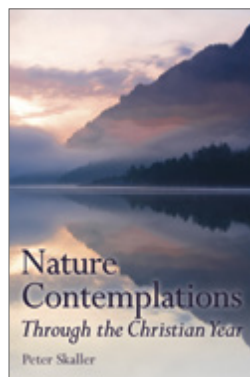


Johannes Lauten was born in Cologne, Germany in 1934. He was ordained as priest of The Christian Community in 1959 and worked in Stuttgart and Essen. He was a member of the leadership of The Christian Community and jointly responsible for the training of teachers of religion. Lauten has lectured widely and has written books on the Gospel readings of the Christian year, the Book of Revelation, and Saint Paul.

216 x 138 mm | 144pp | 978-178250-791-8 | paperback | £14.99 | 24 March 2022



You might also be interested in:



NEW!



# The Letters of John

Journeying Deeper Into the Johannine Epistles

ROGER DRUITT

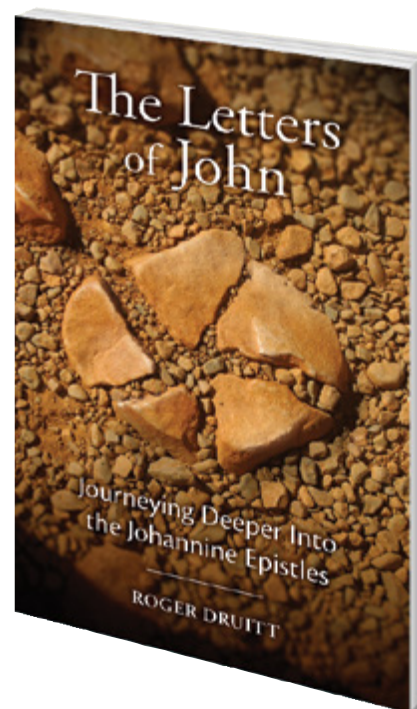
A new translation of John's New Testament letters plus perceptive analysis of the text

- Presents an insightful commentary on the cultural and historical context of John's letters, alongside a fresh translation
- Explores significant themes woven through these letters, including truth, love and righteousness
- Written by an experienced Christian Community priest who reveals the ongoing relevance of the letters for readers today

The three New Testament letters of John are concerned with the development and well-being of the early Christian congregations. They share the significance of Christ's incarnation and his unique sacrifice, urging the churches to continue to seek God. Although written in the first century, the letters remain a source of wisdom and inspiration for people today.

Respected Christian Community priest, Roger Drutt, offers a new translation of the letters alongside a thought-provoking commentary, which includes both the historical and cultural background to the letters and insightful studies on key aspects such as righteousness, love and truth.

Throughout, the author illuminates the truly modern character of the letters, showing how they speak to a universal vision of humanity.

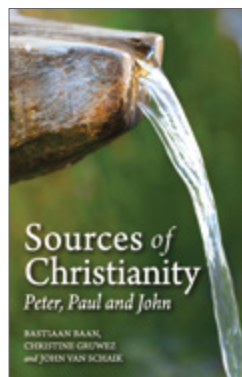
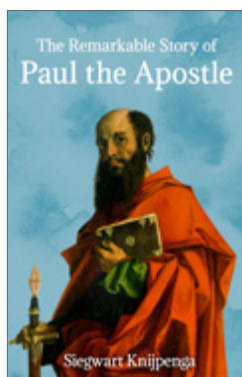


Roger Drutt was born in 1943. He studied mathematics and economics at Cambridge University and then worked in early computing. He discovered anthroposophy in the 1960s and became a priest of The Christian Community in 1971. He teaches widely on the subject of observing nature and finding a connection to the spirit. He is the author of *Festivals of the Year* and *Observing Nature's Secret*.

216 x 138 mm | 96pp | 978-178250-820-5 | paperback | £12.99 | 20 October 2022



You might also be interested in:



NEW!

# Karl König

## The Seasons and their Festivals

Human, Earthly and Cosmic Rhythms

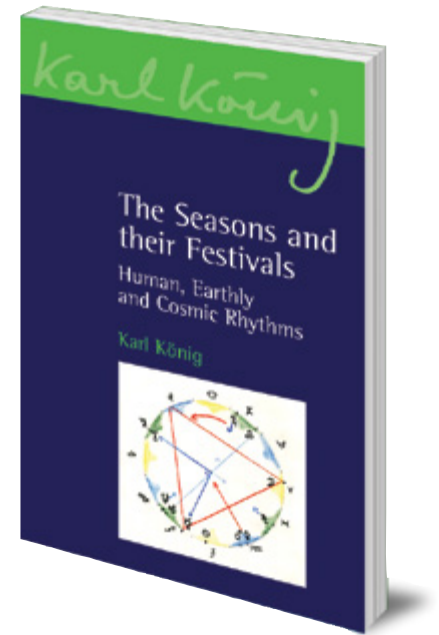
KARL KÖNIG

A thought-provoking exploration of Christian festivals and their importance for people and communities

- This fascinating book compiles König's thoughts on festivals including New Year, Holy Week, Easter, Michaelmas, Advent and the Twelve Holy Days and Nights of Christmas
- Argues that humans can derive inner strength from festival celebrations through an active social life and community participation
- Volume 21 in the Karl König Archive

Through his work as a physician, Karl König explored the relationship between the rhythm of the seasons and the Christian festivals, thinking in particular about their effect on people and communities.

This fascinating collection of König's essays, lectures and notes looks at the cycle of the year and the different aspects of all the Christian festivals, from Easter to the Twelve Holy Days and Nights of Christmas. König discusses the idea that a strong, healthy community life relies on the celebration of festivals.



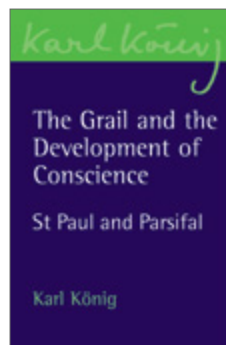
Karl König (1902–66) was well known as a physician, author and lecturer who founded the Camphill movement in Scotland.

[More about Karl König](#)

216 x 138 mm | 192pp | 978-178250-790-1 | paperback | £14.99 | 26 May 2022



Also part of the Karl König Archive:



Explore the complete Karl König Archive

January 2023

Looking North

During the few months in the few weeks of January, our winter months have been in the north. There are the Pleiades, Altair, Vega and other stars in the north. The north star, Polaris, is in the north. The north star, Polaris, is in the north. The north star, Polaris, is in the north.

Early evening - see November chart

Midnight - see May chart

Planets and objects in January

Throughout January, there is a general increase in the number of stars visible in the night sky. The stars are brighter and more numerous. The stars are brighter and more numerous. The stars are brighter and more numerous.

Looking South

The night sky in the south is a different matter. There are many more stars visible in the night sky. The stars are brighter and more numerous. The stars are brighter and more numerous. The stars are brighter and more numerous.

Midnight - see February chart

Midnight - see May chart

The Sun and Moon in January

- 1 The Moon is very close to Mars in the sky.
2 The Sun is in the sky in the north.
3 The Moon is in the sky in the north.
4 The Sun is in the sky in the north.



Printed on sustainably sourced FSC® paper. Uses plant-based inks which reduces chemical emissions and makes this almanac easier to recycle.

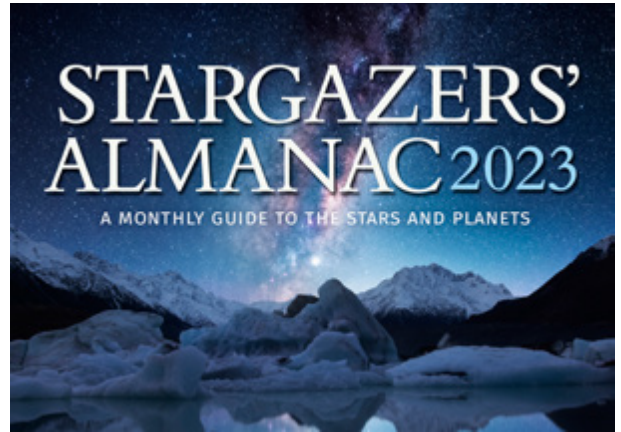
Stargazers' Almanac 2023

A Monthly Guide to the Stars and Planets

BOB MIZON

Explore the night skies with this beautifully illustrated monthly guide to the stars and planets

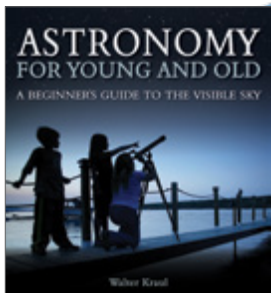
- Track the planets, locate the Milky Way, recognise the constellations of the zodiac and watch meteor showers
• Perfect for children and beginners – includes advice on how to navigate the night sky with or without a telescope
• This large-format almanac has a loop and eyelet for easy wall hanging, and is presented in a sturdy cardboard gift envelope
• Suitable for astronomy enthusiasts throughout the Northern Hemisphere's temperate (non-tropical) latitudes



Bob Mizon, MBE, is co-ordinator of the Commission for Dark Skies, a Fellow of the Royal Astronomical Society, and provides mobile planetarium services to south central England.

306 x 426 mm | colour illustrations | 32pp | 978-178250-782-6 | ISSN: 2040-5502 | paperback | £14.99 | 19 May 2022

Astronomy enthusiasts will also enjoy:



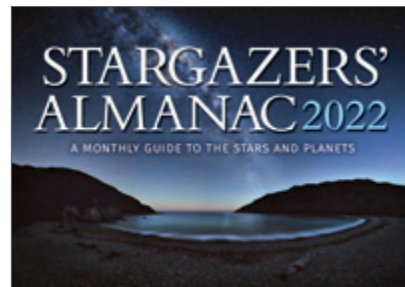
"Children will appreciate this book for both its simplicity and depth, and so will more than a few adults."

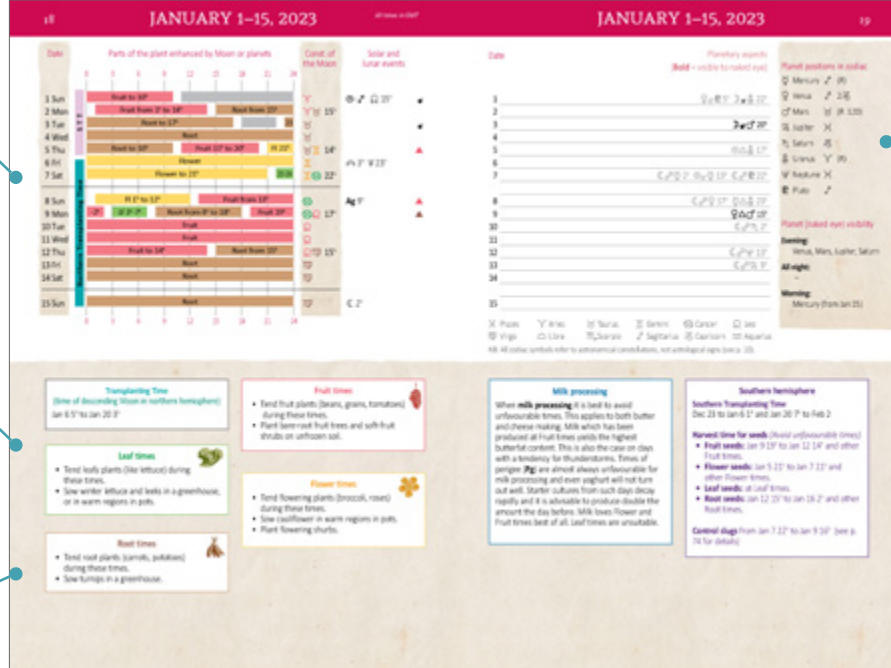
- SCHOOL LIBRARY JOURNAL

"Superb."

- THE OBSERVATORY MAGAZINE

Stargazers' Almanac 2022 still available!





Clear, easy-to-view layout

Information panels for quick reference

Detailed explanations of the recommended activities

Dedicated space for solar and lunar events, plus planetary aspects

Designed for all levels of experience from seasoned biodynamic farmers to novice gardeners

# The Maria Thun Biodynamic Calendar 2023

The original biodynamic sowing and harvesting calendar, trusted by generations of farmers and gardeners

- Reveals the optimum days for sowing, pruning and harvesting plants and crops
- Lifetime sales of more than 135,000 copies in English
- Presented in colour with clear explanations and a pullout wallchart
- Features detailed planting schedules, information panels and space devoted to thorough explanations
- 'Clear and fresh with great visual cues to help beginners.' – Claire Hattersley, BDA Biodynamic Gardening Club

Maria Thun (1922–2012) was a biodynamic pioneer who worked in the field for almost fifty years.

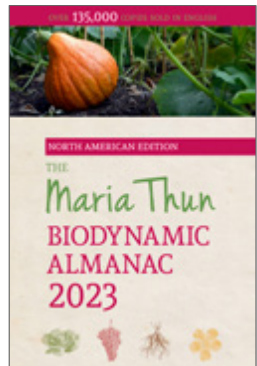
Find out more about Maria Thun



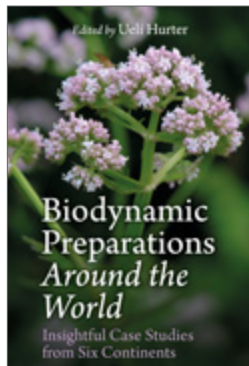
234 x 156 mm | colour illus | 96pp | 978-178250-793-2 | ISSN: 2052-5761 | paperback (with pull-out wall chart) | £7.99 | 15 Sep 2022

North American edition also available:

Discover the Biodynamic Gardening Calendar app!



More books on biodynamics:



# Discover Our Biodynamic Calendar Apps



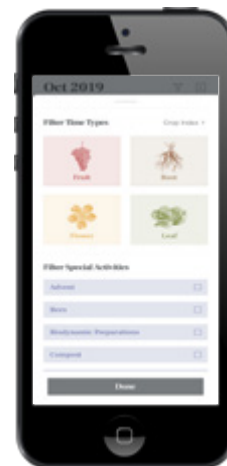
## Biodynamic Gardening Calendar

The ideal dates and times to plant, sow and tend your plants at the tip of your fingers

- Based on the bestselling *Maria Thun Biodynamic Calendar*
- Discover what to do and when at the tap of a screen
- Personalise to fit you and your interests with filters, custom views, and automatic time zone adjustment
- View today's information for free, or subscribe to plan ahead!

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## When Wine Tastes Best

Get the best from your bottle of wine!

- Based on the bestselling *Maria Thun Biodynamic Calendar*
- Reveals the best days to open your wine
- Top UK grocery chains use this calendar to choose their critics' wine-tasting days
- Automatically adjusts to your time zone
- Choose 12-hour or 24-hour time
- View today's and past information for free, or subscribe to plan ahead!

“I love the way this app brings biodynamics into the mainstream. It also helps people understand why the same wine can taste amazing one day and be underwhelming another day.”

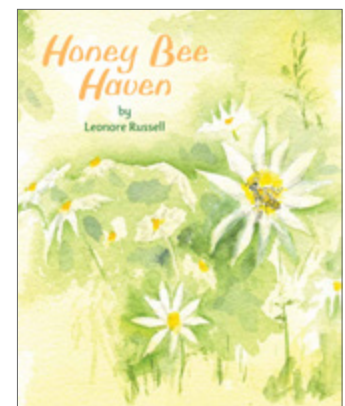
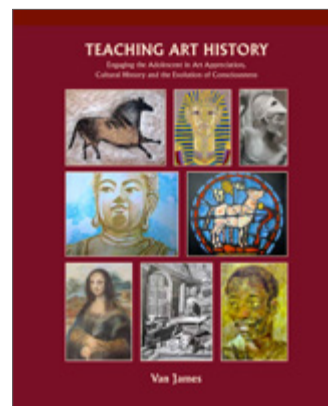
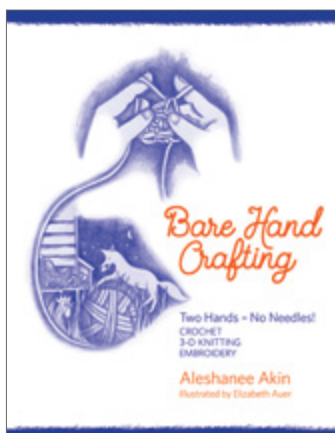
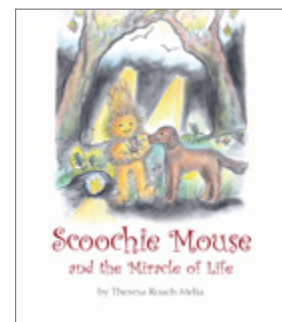
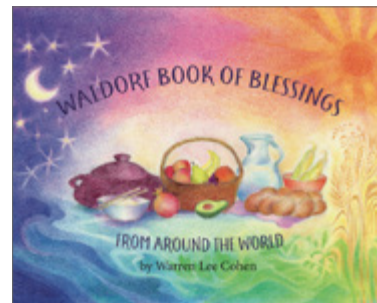
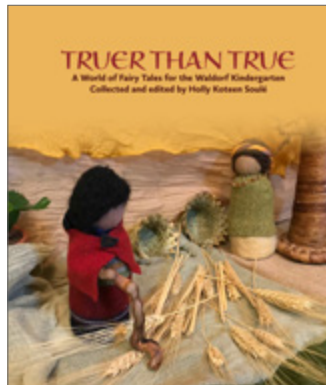
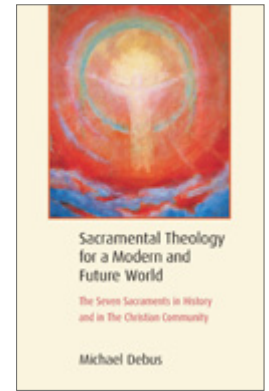
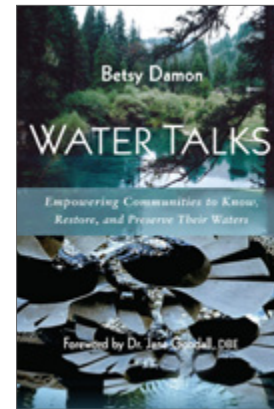
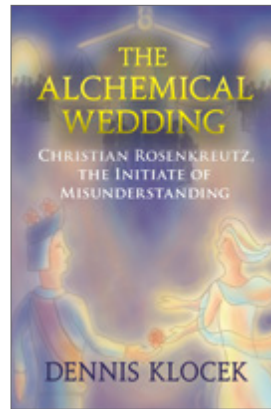
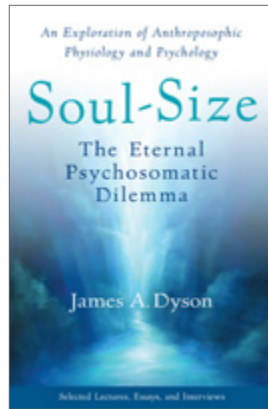
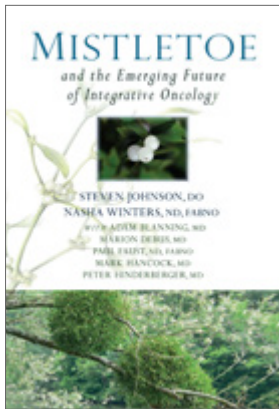
– USER REVIEW

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Image from *Honey Bee Haven*



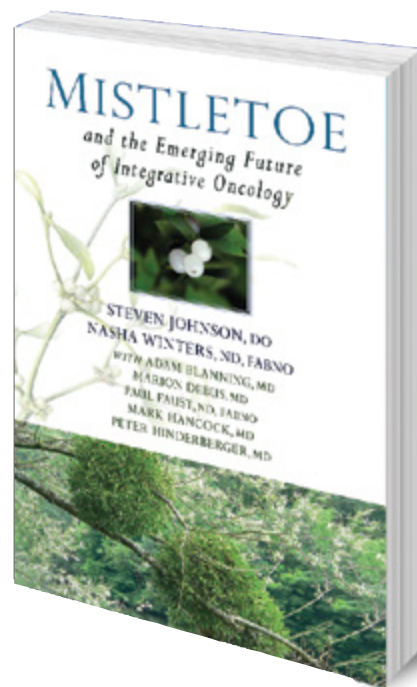
# Mistletoe and the Emerging Future of Integrative Oncology

NASHA WINTERS, STEPHEN JOHNSON ET AL

- An introduction for medical professionals to the use of mistletoe therapy as a treatment for cancer
- Includes a guide explaining how both practitioners and patients and their loved ones can use this book
- Written by highly regarded experts in the fields of cancer care and research – Steven Johnson, Nasha Winters, Adam Blanning, Marion Debus, Paul Faust, Mark Hancock and Peter Hinderberger

Nasha Winters is a global healthcare authority and bestselling author in integrative cancer care and research. She is currently planning for a comprehensive metabolic oncology hospital and research institute in the US. She lives in Colorado, USA.

Steven Johnson directed one of the first inpatient integrative medicine clinics in the US and now directs the first European Mistletoe/Integrative Medicine Training Program in North America. He lives in New York, USA.



254 x 178 mm | 384pp | 978-193868-533-0 | hardback | £26.95 | Portal Books | 25 February 2022

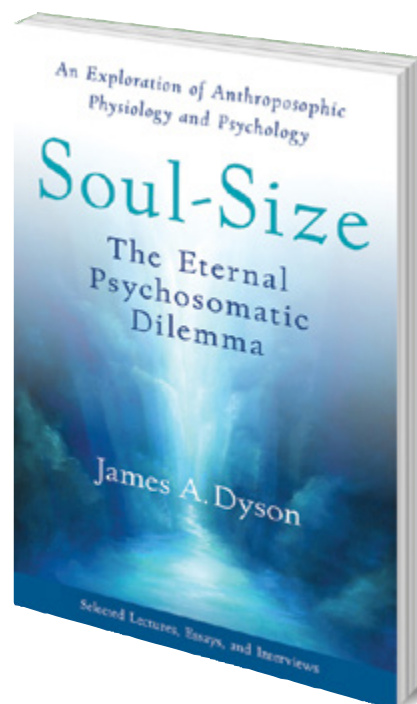
# Soul Size

The Eternal Psychosomatic Dilemma:  
An Exploration of Anthroposophic Physiology  
and Psychology

JAMES A. DYSON

- Presents a unique and powerful approach to human health, blending anthroposophic practices with psychology to care for the whole human being
- Shares valuable insights on a range of topics including The Authentic Self, Moral Intuition, and Organs and Temperaments
- Dr James Dyson is an experienced practitioner and prolific lecturer on Rudolf Steiner's work on healing

Dr James Dyson co-founded the Park Attwood clinic, England, where he worked from 1979 to 2003. He has practised as a doctor in Steiner-Waldorf Schools and in centres for social therapy and, since retiring, is now a prolific lecturer. He lives in Stourbridge, UK.



254 x 178 mm | 224pp | 978-193868-536-1 | paperback | £20.00 | Portal Books | 25 August 2022



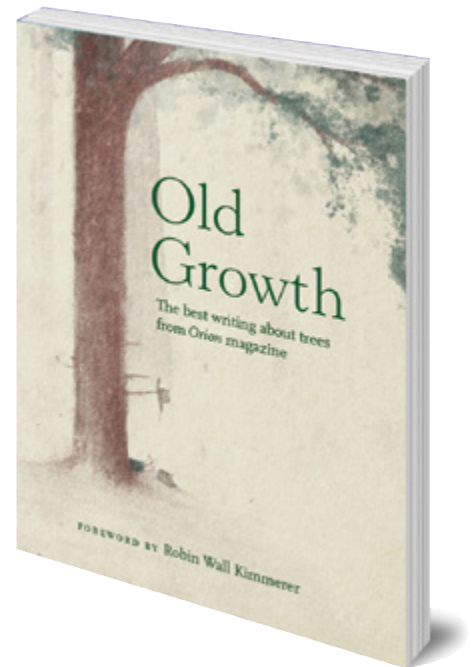
# Old Growth

The Best Writing about Trees from Orion Magazine

**FOREWORD BY ROBIN WALL KIMMERER**

- Illuminating and uplifting essays and poems about trees from almost four decades of Orion Magazine
- Contributors include Rick Bass, Alison Deming, John Hay, Robin MacArthur, Cicily Park, Lia Purpura, Scott Sanders, Joni Tevis, Alberto Rios and Katrina Vandenberg
- A fascinating collection to encourage tranquillity and quiet consideration

Robin Wall Kimmerer is Professor of Environmental and Forest Biology at the State University of New York College of Environmental Science and Forestry. She lives in New York, USA.



180 x 130 mm | 216pp | 978-091309-802-8 | paperback | £12.99 | Orion | 25 February 2022

# Water Talks

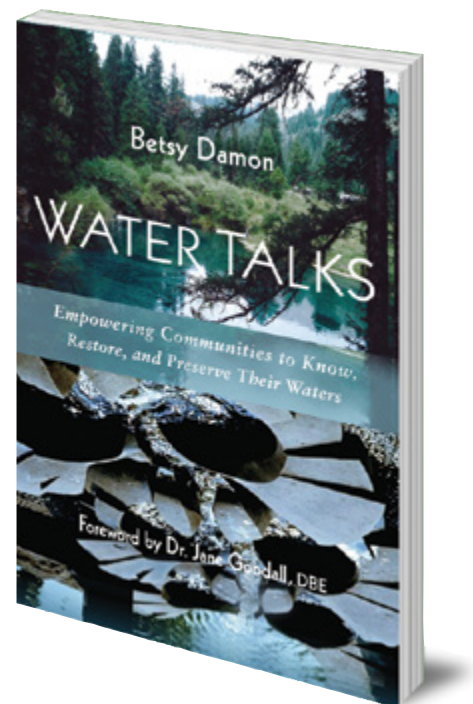
Empowering Communities to Know,  
Restore and Preserve their Waters

**BETSY DAMON**

**FOREWORD BY DR JANE GOODALL**

- An illuminating discussion of our interdependence with water, addressing the technical, social and ethical issues we face as a result
- Offers personal stories and projects, scientific and technological studies, and also presents encouraging solutions to the water crisis
- A comprehensive guide to water and an inspiring call to change the way we think and act to ensure clean water for all in the future

Betsy Damon is the director of Keepers of the Waters, a non-profit organisation focused on ecological planning, advocacy and education. Damon was a semi-finalist for the Buckminster Fuller Award and a finalist for the Stockholm Water Prize. She has lectured widely in Europe, the US and China. She lives in New York, USA.



254 x 178 mm | b&w and colour illustrations | 228pp | 978-193868-538-5 | paperback | £20.00 | Portal Books | 25 August 2022

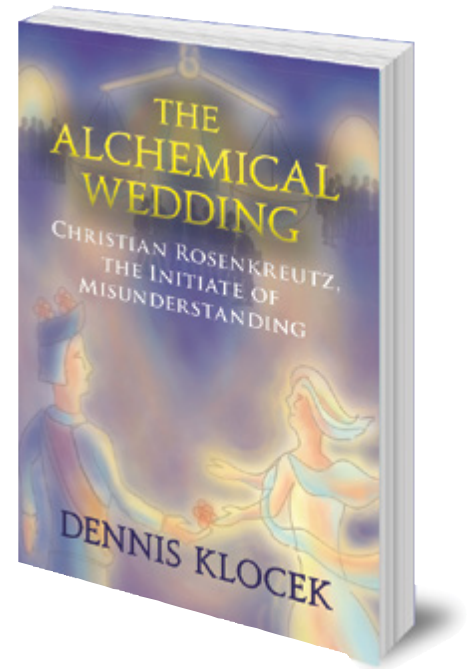
# The Alchemical Wedding

Christian Rosenkreutz,  
the Initiate of Misunderstanding

**DENNIS KLOCEK**

- Reveals the profound meaning behind the surprising events from the seven-day initiation of Christian Rosenkreutz
- Each chapter focuses on one of the seven days, with an overview plus new translations of the original passage
- Klocek's comprehensive commentary provides an accessible introduction to the significance of the Rosicrucian path of inner development

Dennis Klocek is Director of the Consciousness Studies Program at Rudolf Steiner College in Sacramento, California, USA. He is engaged in research, teaching and writing in many fields, including weather, gardening, colour therapy and meditation. He is the author of *Climate: Soul of the Earth*, *Colors of the Soul*, *Esoteric Physiology* and *Sacred Agriculture*.



254 x 178 mm | 228pp | 978-158420-921-8 | paperback | £22.95 | Lindisfarne Books | 25 February 2022

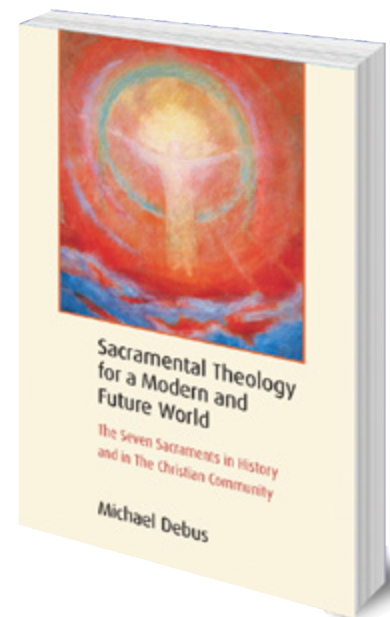
# Sacramental Theology for a Modern and Future World

The Seven Sacraments in History and  
in The Christian Community

**MICHAEL DEBUS**

- A guide to the spiritual foundations of The Christian Community and its place in theological history
- Offers a comprehensible and insightful approach to the sacraments, making difficult concepts easier to understand
- Written by a highly revered Christian Community priest

Michael Debus studied mathematics, physics and philosophy in Tübingen and Erlangen, Germany. He was ordained in The Christian Community and worked as a priest in Stuttgart. Since 1978 he has taught at the seminary of The Christian Community in Stuttgart.



216 x 140 mm | 324pp | 978-158420-898-3 | paperback | £25.00 | Lindisfarne Books | 25 August 2022

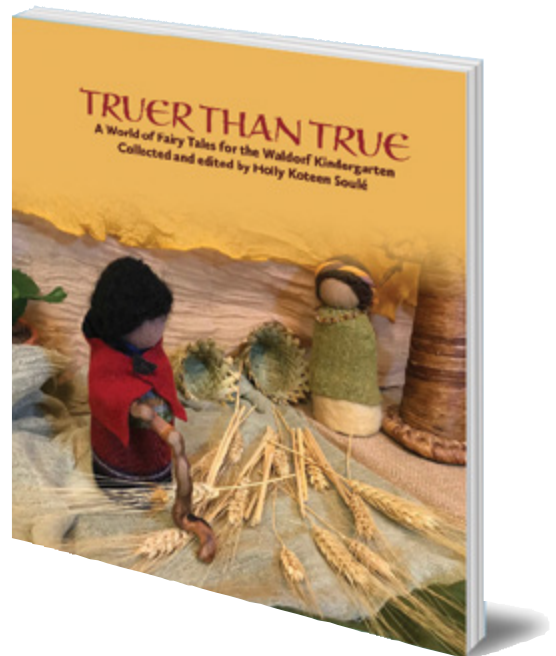
# Truer Than True

A World of Fairy Tales  
for the Waldorf Kindergarten

EDITED BY HOLLY KOTEEN SOULÉ

- Twenty-six favourite fairy tales from the Waldorf tradition
- Compiled with a focus on inclusivity and understanding of different cultures with fairy tales from Africa, Asia, Europe and the Americas
- Suitable for use by teachers in kindergartens or for parents to share at home

Holly Koteen Soulé taught kindergarten and parent and child classes for twenty-five years. She was a founding member of Sound Circle Center (SCC) and is currently the SCC Director of Early Childhood Teacher Education. She lives in Seattle, USA.



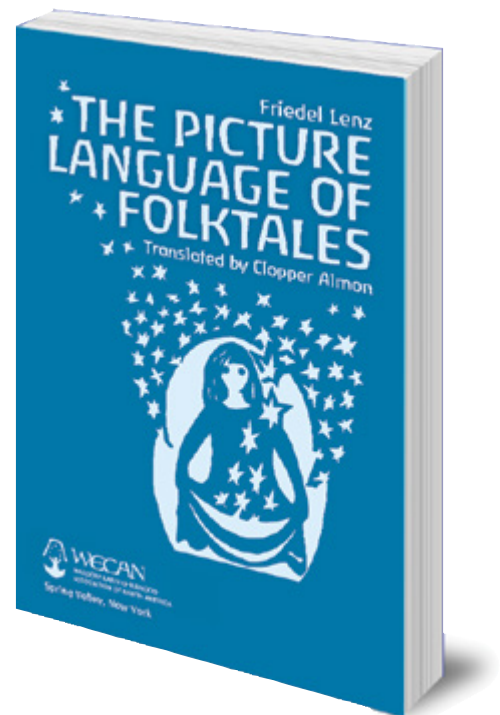
254 x 204 mm | 142pp | 978-1936849-55-0 | paperback | £20.00 | Age 3-7 | WECAN | 25 February 2022

# The Picture Language of Folktales

FRIEDEL LENZ

- An analysis of twenty-five of the Brothers Grimm fairy tales including Cinderella, Snow White, Hansel and Gretel and The Musicians of Bremen
- Considers the original images contained in these texts and explores how they shaped human consciousness
- A useful resource for Steiner-Waldorf teachers and readers wishing to consider these texts from a fresh perspective

Friedel Lenz (1898-1970) lived in Munich, Germany. She studied in the Waldorf teacher training program and knew Rudolf Steiner. Her husband and two daughters were killed in the Second World War; she and her two sons survived. She then made a new life for herself as a teller of folktales to children and as a lecturer who brought them to life for adults.



228 x 152 mm | 284pp | 978-193684-956-7 | paperback | £20.00 | WECAN | 25 August 2022

# Bare Hand Crafting

Two Hands, No Needles!

TEXT BY ALESHANEE AKIN

ILLUSTRATIONS BY ELIZABETH AUER

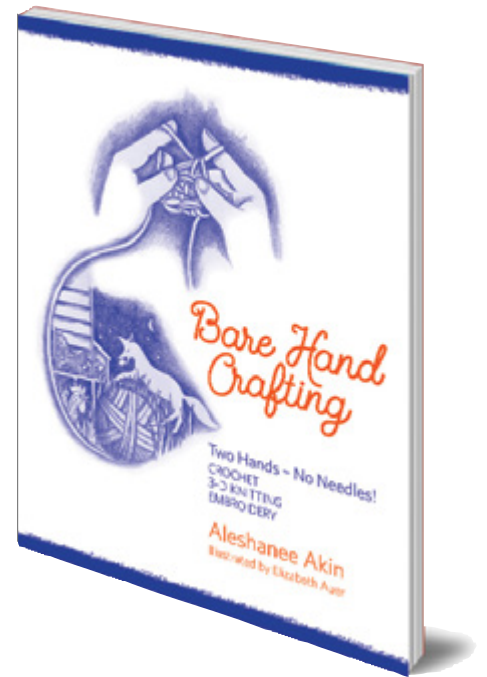
- A guide to felting, crochet, embroidery and 3D knitting without the use of needles
- Fully illustrated with clear descriptions of the techniques used to make projects fun and easy to follow
- Suitable for older children and adults looking to develop their crafting skills

Aleshanee Akin has taught in Waldorf schools in Hawaii, California and New Hampshire, USA. She is the author of *Bare Hand Knitting*.

Elizabeth Auer is an author and illustrator who teaches workshops in the arts and is a consultant to Waldorf teachers and teachers in other settings.



Also available:



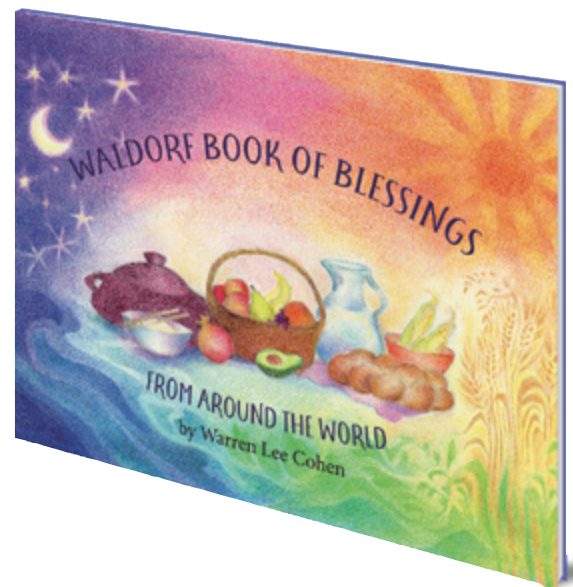
280 x 216 mm | b/w illustrations | 196pp | 978-194358-228-0 | paperback | £25.00 | Waldorf Publications | 25 February 2022

# Waldorf Book of Blessings from Around the World

WARREN LEE COHEN

- Verses, songs and prayers which express thanks for the food that we eat
- A heart-warming collection which takes readers around the world to experience the many different ways that families reflect their gratitude before a meal
- Ideal for use in a Waldorf classroom before meals or by parents and carers at home

Warren Lee Cohen is the Director of Teacher Education at The Rudolf Steiner Center in Toronto, Canada and has been inspired by Steiner Waldorf education for over 20 years. He has taught in Steiner schools and has trained teachers at Emerson College in the UK.



178 x 228 mm | 96pp | 978-194358-259-4 | paperback | £18.99 | Waldorf Publications | 25 August 2022

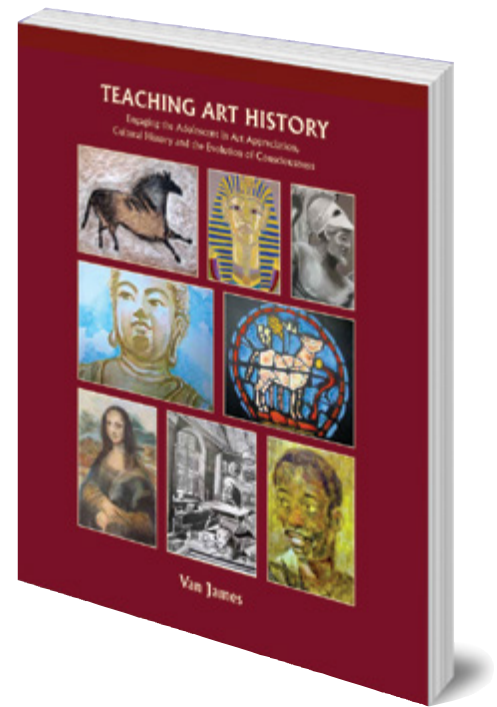
# Teaching Art History

Engaging the Adolescent in Art Appreciation,  
Cultural History and the Evolution of Consciousness

**VAN JAMES**

- A comprehensive guide to teaching art history to 14-15-year-olds, revealing the powerful impact this study can have on pupils
- Illustrated in colour throughout, with inspiring examples of student artwork
- Written by an experienced school teacher and accomplished artist, with decades of experience teaching art history to teenagers

Van James is an international advocate for the arts and a guest tutor at numerous teacher training colleges and Steiner-Waldorf schools. He is editor of *Pacifica Journal*, as well as an active artist, graphic designer, and author of numerous books on culture and the arts. He lives in Hawaii, USA.



254 x 178 mm | colour illustrations | 276pp | 978-194358-258-7 | paperback | £45.00 | Waldorf Publications | 25 Aug 2022

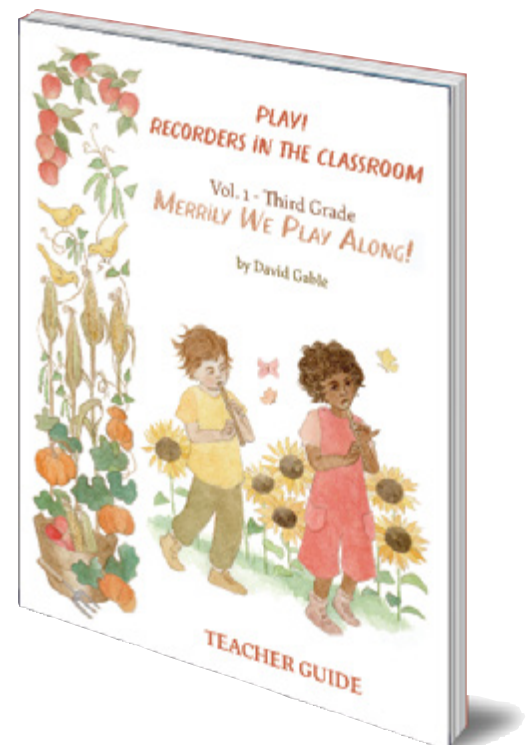
# Play! Recorders in the Classroom

Volume 1: Third Grade Teacher's Edition

**DAVID GABLE**

- A guide for teachers starting recorder lessons with their pupils in Class 3
- Includes easy-to-learn and uplifting songs
- Written by a professional musician and experienced Steiner-Waldorf teacher

David Gable is a professional musician and teacher at the Waldorf School of Cape Cod, with decades of experience. He lives in Massachusetts, USA.



280 x 216 mm | 60pp | 978-194358-255-6 | paperback | £16.99 | Waldorf Publications | 25 August 2022

# Honey Bee Haven

LEONORE RUSSELL

- A gentle story to introduce young children to the work honey bees do and the vital place they have in the world
- Suitable as an early reader for Classes 1 to 3 and for curriculum for Classes 3 to 5 in Steiner-Waldorf schools
- Written by an experienced Waldorf teacher

Leonore Russell is a eurythmist who has taught at the Waldorf School of Garden City, New York and at Adelphi University for over thirty years. Recently she has worked on a farm programme for young people from city environments, introducing them to the glory of open spaces, the mystery of animals and plants, and the generosity of honey bees.



254 x 203 mm | 35 colour illustrations | 36pp | 978-1-943582-53-2 | paperback | £13.99 | Waldorf Publications | 26 May 2022

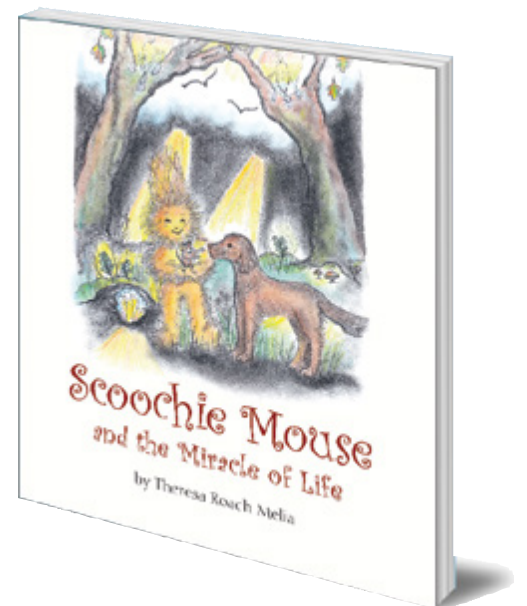
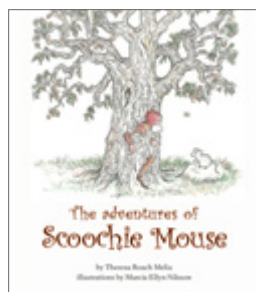
# Scoochie Mouse and the Miracle of Life

THERESA ROACH MELIA

- A charming story about a mouse's adventures living on a farm with a kind and caring family
- Suitable for reading aloud to young children and as an early reader
- Written by an experienced Steiner-Waldorf kindergarten teacher

Theresa Roach Melia was a Waldorf kindergarten teacher for many years. She is also the author of *The Adventures of Scoochie Mouse*. She lives in northern California, USA.

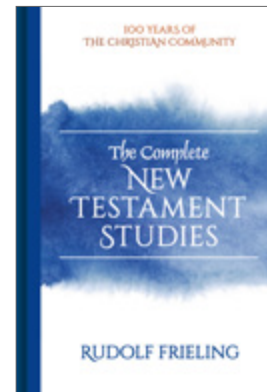
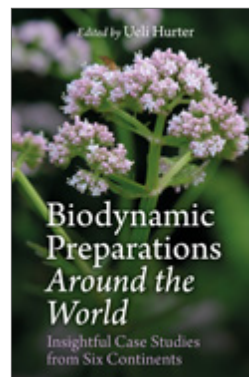
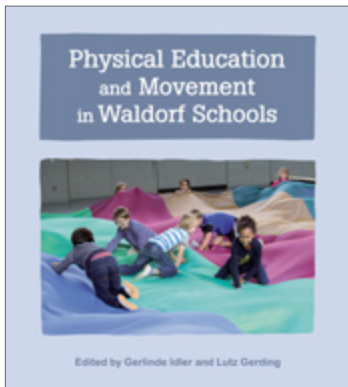
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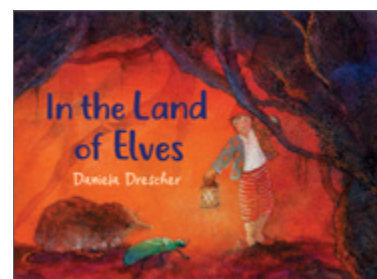
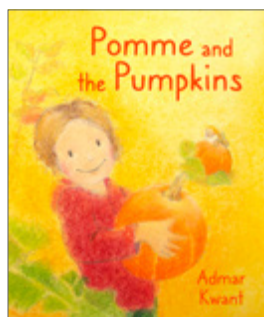
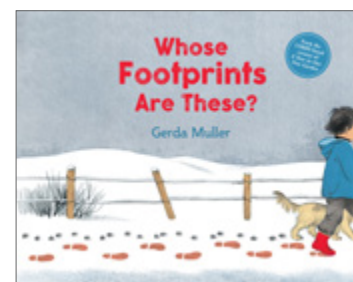
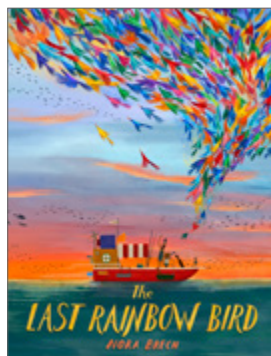
203 x 178 mm | b/w illustrations | 166pp | 978-195216-606-8 | paperback | £10.99 | Age 6-9 | Bell Pond Books | 19 May 2022

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